

SPORTS / HEALTH / FITNESS EXPO

Come see what the buzz is about!

FEATURING:

- Health & Lifestyle Presentations
 - Health / Wellness Assessments
 - Fitness & Sport Demonstrations (including Golf, Tennis, Boxing, Disc Golf, Spinning /Cycling, Ultimate Frisbee and more)
 - Weight / Lifestyle Management
 - Vendors
 - Personal Trainers
 - Clubs Triathlon/Running/Cycling/Walking/Swimming
 - Massage Therapists
 - Chiropractic Evaluations
- And more!

Saturday, February 20, 2010

10:00 a.m. - 4:00 p.m.

First Baptist Church Gym

Come register for door prizes and drawings!

First Baptist Church
481 Hood Center Drive
Rock Hill, SC 29730
www.impactsportsoutreach.org



 www.whyfitness.blogspot.com



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